



PCFORME: PREPARING PATIENTS AND THEIR FAMILY MEMBERS FOR THEIR PALLIATIVE CARE JOURNEY

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BACKGROUND

- ❖ There are many misconceptions held by patients with chronic or life-limiting disease regarding the role of palliative care as a part of their treatment plan
- ❖ Many patients equate palliative care to hospice or end-of-life care
- ❖ Due to this false perception, there is a high cancellation rate of new palliative care consults

PROCESS

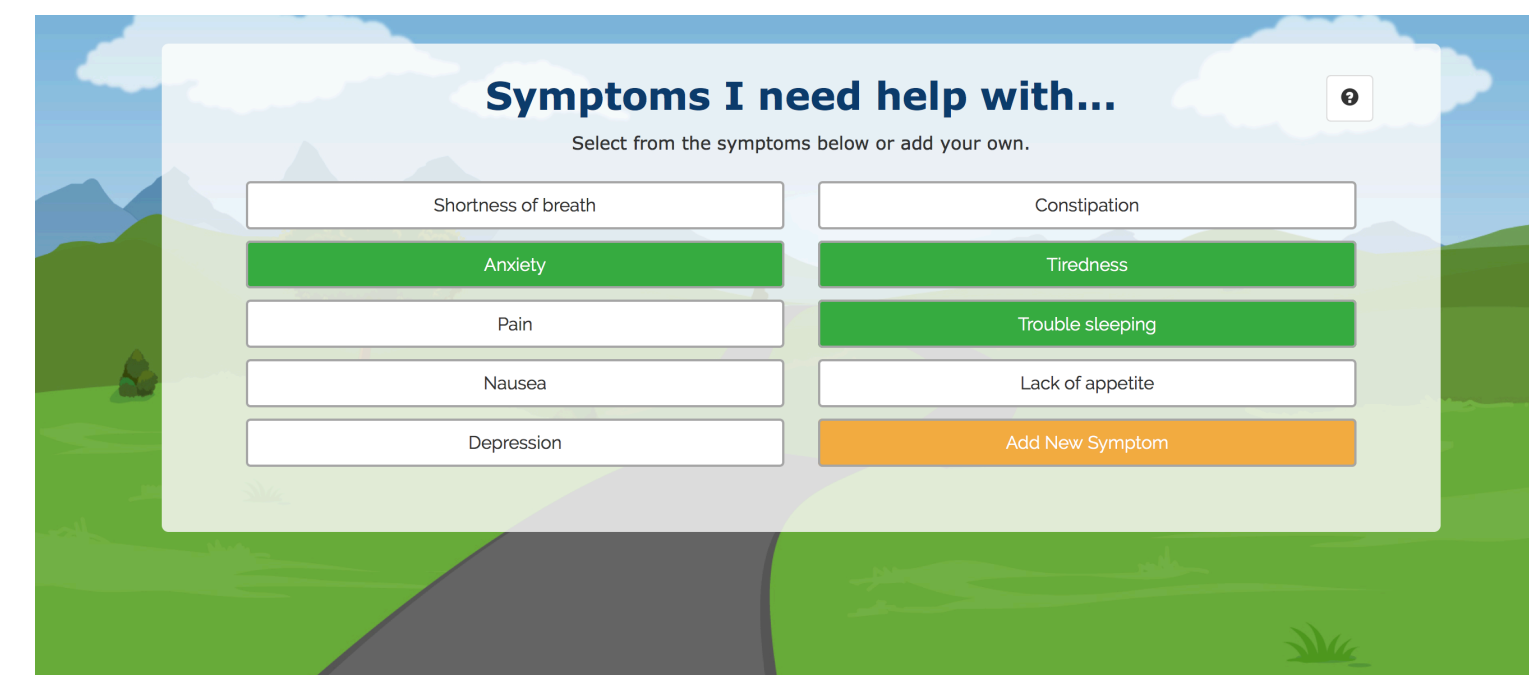
CURRENT LANDSCAPE

Current interventions for patients to learn more regarding palliative care are limited and unreliable. Typically, to learn how palliative care can be implemented into a treatment plan, a patient is forced to 1) speak to their doctor, 2) discuss with friends or family, or 3) search the internet.

SOLUTION

- PCforMe empowers patients to become more engaged in preparing for their upcoming palliative care consult
- PCforMe is a web-based mobile application that allows palliative care patients learn about palliative care at their own pace
- Using videos and interactive gaming concepts, PCforMe prepares palliative care patients for their first consult with a palliative care clinician.
- Throughout PCforMe, patients will be prompted to submit information about what is most important to them, what they need help with, their hopes and worries about the future, and what they need to prepare for their palliative care journey
- Once patients complete their PCforMe experience, the software compiles all patient responses into a document that the patient can share with their palliative care clinician called a Palliative Care Passport

DEVELOPMENT AND TOOLS



NEEDS STATEMENT

Tools are needed to provide patients and caregivers better information regarding palliative care and how it differs from hospice or end-of-life care.

Figures 1-4 show examples of the web-based PCforMe application, from the home page, through custom educational videos and interactive tools. Through the web tool patients received educational videos that help them to be better informed and knowledgeable about palliative care. Patients are also engaged to think about their own personal situation and their wishes for palliative care services.

Figure 5 - once patients have been through all of the videos and interactive tools, their responses and thoughts are collated into a "passport" which can be printed, emailed or saved, with the intent that this will enable patients in a meaningful conversation with their palliative care provider.

NEXT STEPS

- We will develop usability and feasibility protocols to test PCforMe in a clinical setting at the Duke Cancer Institute
- Revisions of this website will occur based on the feedback of this testing

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