

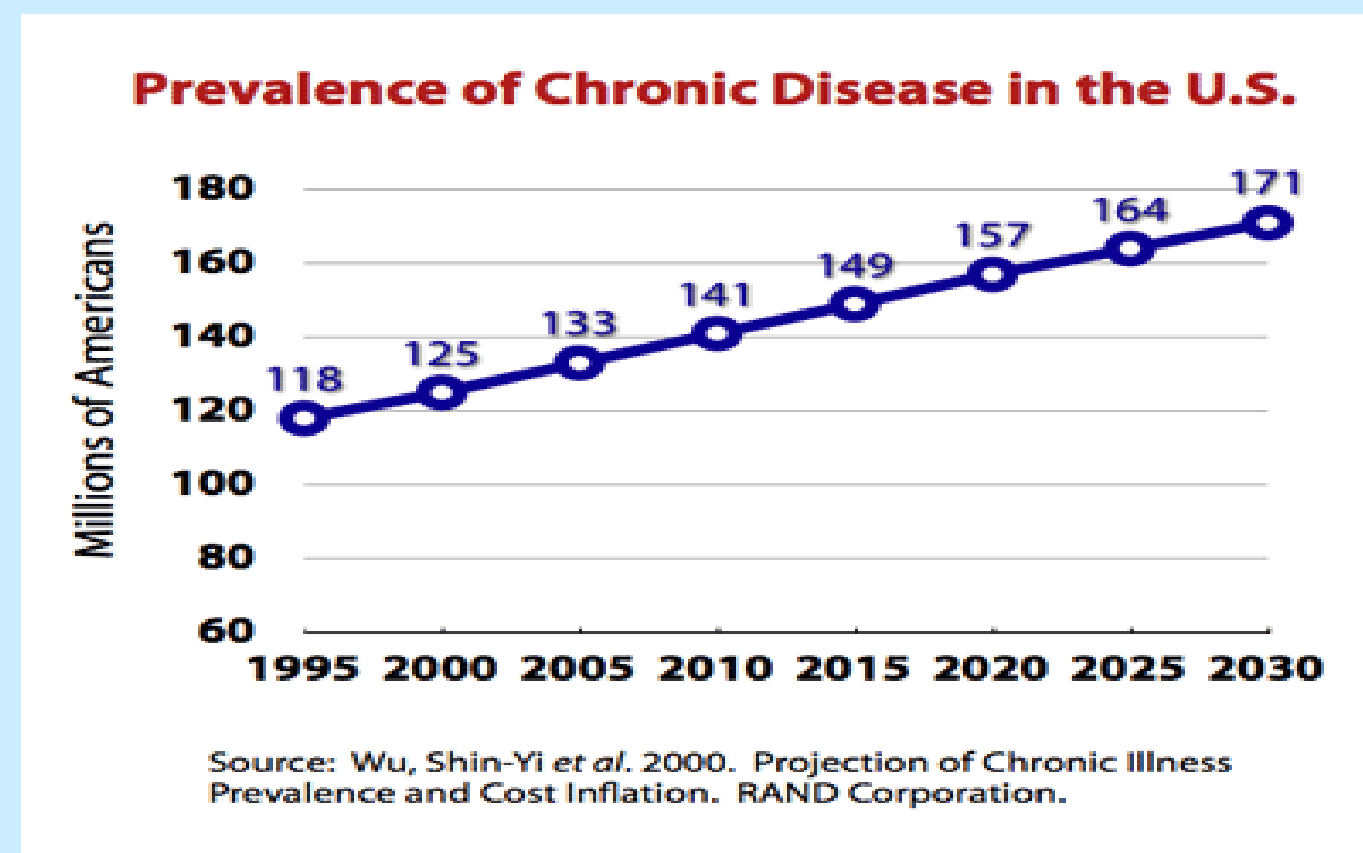
New Screening Tool to Integrate Palliative Care into Primary Care within FQHC

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Topics Addressed:

- Measuring impact value
- Specific patient populations
- Integration of palliative care to specific settings (e.g. primary care)

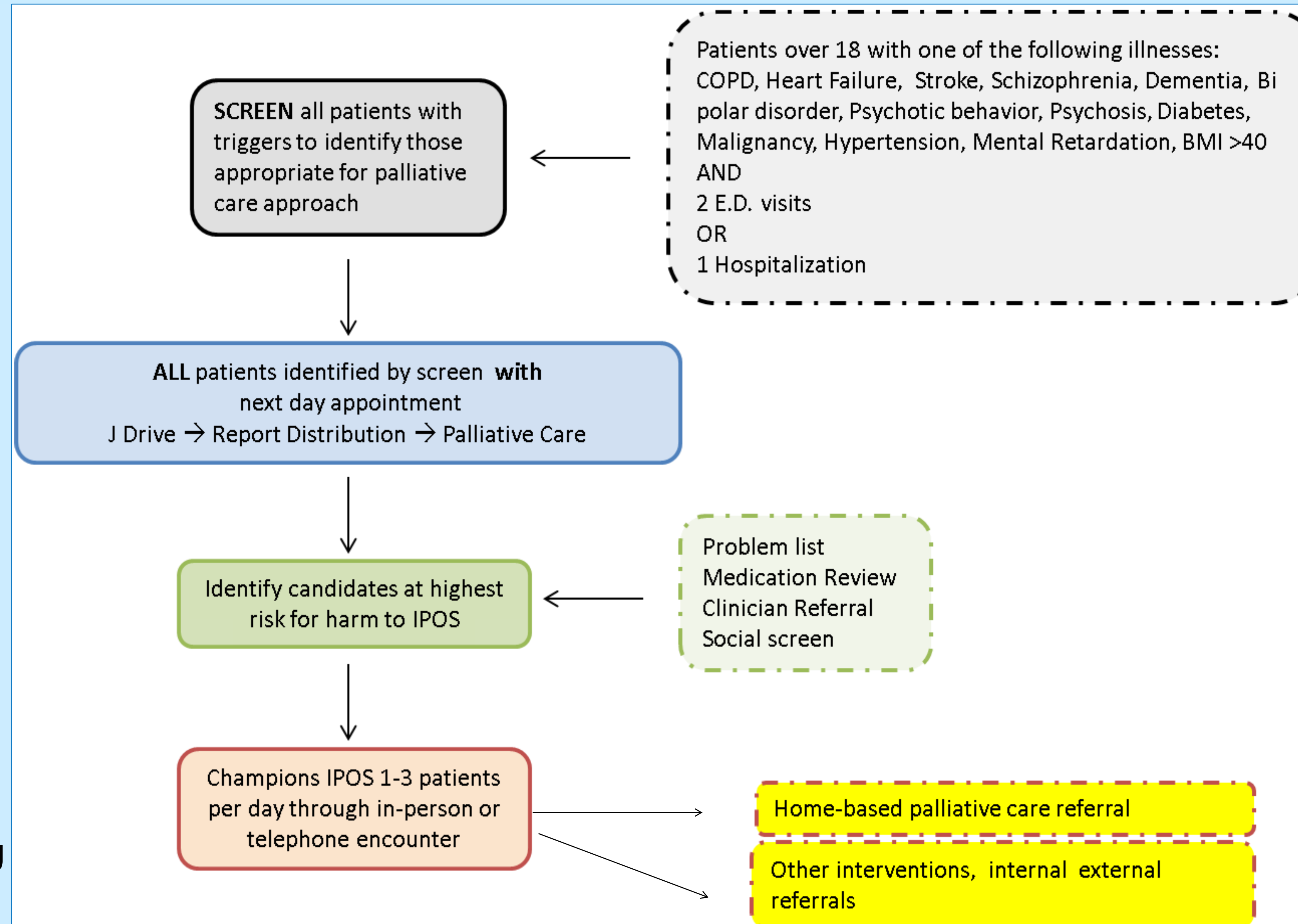
The Problem:



Hypothesized Solution: Increasing access to palliative care will assist primary care patients with serious illnesses receive relief of symptoms, pain & stress, improving the patient & his or her family's quality of life while advancing compassionate care.

Research Objectives:

1. Describe the triggers and screening tool used to identify high-risk primary care patients for referral to palliative care
2. Appreciate the role motivational interviewing plays in engaging patients & their families
3. Relate how palliative care screenings & motivational interviewing leads to advancement of patient & caregiver-centered care



Patient: T, TEMPLATES **DOB:** 01/01/1970 **Age:** 31Y **Sex:** Female
Phone: 508-836-2700 **Primary Insurance:** MVP Healthcare
Address: 114 Turnpike Road, Suite 204, Schenectady, NY 12307
Account Number: 008663
Encounter Date: 03/07/2017 **Provider:** Dr. Primary

Subjective:

Chief Complaint(s):

- Palliative Care

HPI:

Palliative Care

Functional Impairments

Functional Impairments _____

Assessment

Date Survey was completed _____

Is patient a candidate for Palliative Care? _____

Items scored

Item Scored 2,3, or 4 _____

Education Provided _____

Mental/Emotional State

Patient presents as: _____

PHQ-2/PHQ-9 _____

Referral to BH/Social Worker _____

HPI:

Assessment

Date Survey was completed **03/07/2017**

Is patient a candidate for Palliative Care? **Y**

Follow up date **09/07/2017**

Item Scored

Item Scored 2,3, or 4: **Pain, Poor Appetite, Poor Mobility**

Pain Intervention: **Specialist Referral to PT**

Poor Appetite Intervention: **Education on eating and Specialist Referral to Nutritionist**

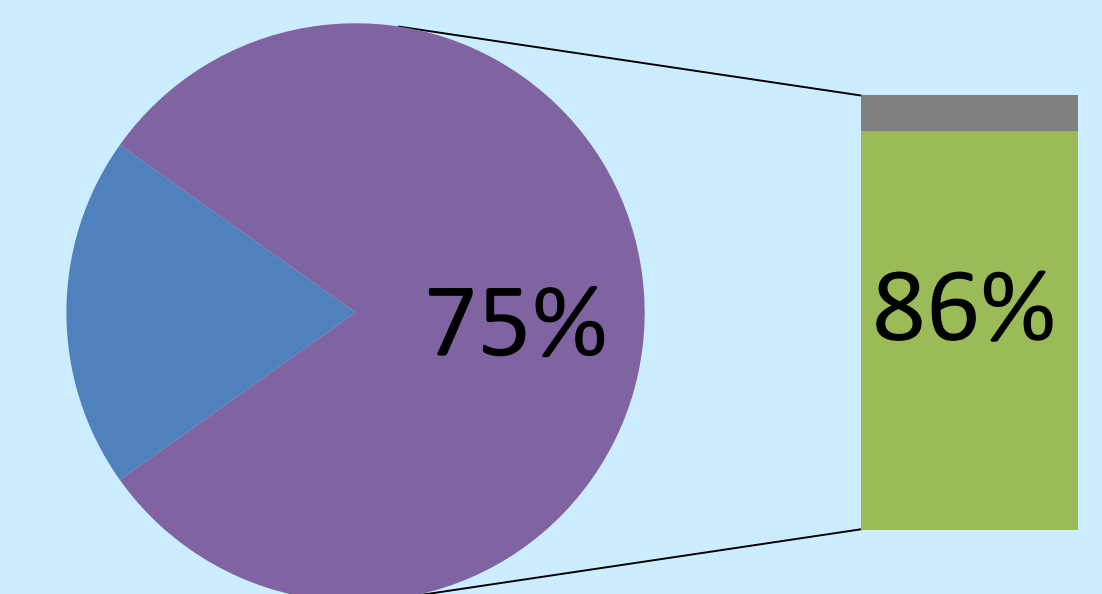
Poor Mobility Intervention: **Education on working with PT**

Results:

From May 1 through Sept 30, 2017, screened 85 patients using the IPOS.

75 % of patients reported difficulty with either symptom, pain or stress management due to their illness

86% of patients who reported difficulty with either symptom, pain or stress management were identified for palliative care services.



Patients reported difficulty with 2.2 symptoms: pain, weakness, poor mobility and trouble breathing.

- **98 % of the time**, patient navigator offered a symptom, pain or stress management-related intervention

Discussion and Implications:

- Potential to improve quality of life for patients by integrating palliative care/offering interventions focused on symptom management.
- Tool did not always result in a referral to Palliative Care specialist
- Screen/motivational interviewing assisted in offering interventions.
- Continue to administer IPOS
- Study appropriateness of triggers
- Connect with community palliative care specialists

