Health Providers' Perspectives on Medical Marijuana Use Diana Martins-Welch MD¹, Christian Nouryan MA², Myriam Kline PhD², Sony Modayil DO¹ **Northwell** Health^{**}

Background: According to the CDC, 117 million Americans have one or more chronic health conditions and 31% have used two or more prescription drugs in the past month. Approximately 40% of adults in the US are using some form of Complementary and Alternative Medicine. Medical marijuana (MM) is one such medicine, and to date 29 U.S. states have legalized medical marijuana.

Results: The sample (n=137) consisted of 4% RNs, 10% NPs, 10% fellows, 21% resident physicians, and 52% attending physicians. Average experience was 13 years (range: 0-43), half (53%) were under 40 years old and just over half (56%) were female. Most practitioners recognized a benefit of MM for the treatment of cancerassociated symptoms, few were concerned with side effects and 5% of responders answered that MM was not appropriate at any stage of illness. Responders were "most likely to recommend or refer MM if other therapies were not effective" for cancer (83%), chronic pain (68%), spinal cord injury with spasticity (50%), MS (46%), epilepsy (42%), neuropathy (42%) and Parkinson's (41%). Most providers (77%) believed that MM has the potential to reduce overall opioid use, this was found to be more common in younger providers. The most common conditions that providers reported their patients were requesting MM for were <u>cancer</u> (37%), <u>chronic pain</u> (26%) and <u>neuropathy</u> (10%). Concerns about MM use were side effects (16%), addiction (13%), legal consequences (11%), cost (7%) and that other providers would judge MM use (7%).

Survey Responses vs. Years of Clinical Practice				
	Yes (average YCP)	No (average YCP)	l Don't Know (average YCP)	p
Does Northwell Prescribe MM? (50% answered yes)	12.9	8.6	14.1	
Have you referred a patient for MM? (28% answered yes)	14.6	12.4	N/A	
Do any of your pt's have MM certification? (39% answered yes)	10.0	14.0	N/A	
Can MM reduce opioid use? (77% answered yes)	12.2	15.2	N/A	
Are you a MM Certifier? (2% answered yes)	6.0	12.9	N/A	
Should MM be removed from Schedule I? (56% answered yes)	11.7	15.1	N/A	
Do you promote CAM in your practice? (59% answered yes)	12.6	13.6	N/A	
Does legalization promote inappropriate use? (24% answered yes)	13.9	12.6	12.5	
MM=Medical Marijuana; YCP=years of clinical practice; CAM=Compleme	ntary and Altern	ative Medicin	ne	

Conclusions: Our survey shows that providers are overwhelmingly in support of MM use in patients with chronic illness, particularly for cancer patients. However providers describe significant and practical concerns about MM utilization. Given the rate at which MM is being legalized throughout the country, it is imperative that there be increased focus on education and clinical studies on MM.

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> Methods: A multicenter, anonymous, on-line survey of health care providers was distributed via e-mail within a large health system in the NY Metropolitan area in April and May of 2017. The specific aim was to collect information about health care providers' perspectives on the use of MM in general and for specific medical conditions.



