

EARLY PALLIATIVE INTEGRATION IN ONCOLOGY: PALLIATIVE CARE UP-STREAMED

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OUR HISTORY

- NYU Langone Medical Center’s Laura and Isaac Perlmutter Cancer Center is a National Cancer Institute-designated cancer center. Our patients have access to state-of-the-art cancer therapies and clinical trials, as well as psychosocial support and integrative medicine services to manage any emotional and physical symptoms that arise during treatment.
- Formerly the NYU Cancer Institute, the Perlmutter Cancer Center integrates patient care, research, education, and community outreach to care for the whole person — not just the disease.
- The Laura and Isaac Perlmutter Cancer Center (LIPCC) at 160 East 34th Street is the principal outpatient facility of The Cancer Institute. The Clinical Cancer Center is connected to NYU Langone Medical Center. The Cancer Center opened in 2004. The clinical staff at LIPCC is comprised of 206 Oncologists; 41 Nurse Practitioners; and 9 Social Workers
- Access continues to expand beyond the main medical center campus; with outpatient oncology services now available in Manhattan, Queens and Long Island. Pediatric services are provided at the Stephen D. Hassenfeld Children’s Center

SUMMARY

- We believe the interventions of this integrated multidisciplinary palliative team addresses complex symptoms and enhances quality of life for the cancer patient and their families.
- Expanding integrated palliative team services beyond the cancer center to other cancer center satellites
- Using the Oncology Model, NYULMC has initiated a weekly out-patient Palliative session to evaluate and manage advance illness patients’ with Heart Failure, COPD, Dementia and other chronic illnesses

OBJECTIVES

1. Assessing patients’ physical symptoms and managing them
2. Early integration of Palliative and Supportive Services in Cancer Care
3. Focusing on psycho-social issues
4. Obtaining and documenting Advance Directives in the EHR (ASCO QTP Project)
5. Team building and education
6. Short-term symptom management at the infusion center
7. Distress screening using a tablet at the second visit

PALLIATIVE VISITS 2013–2014

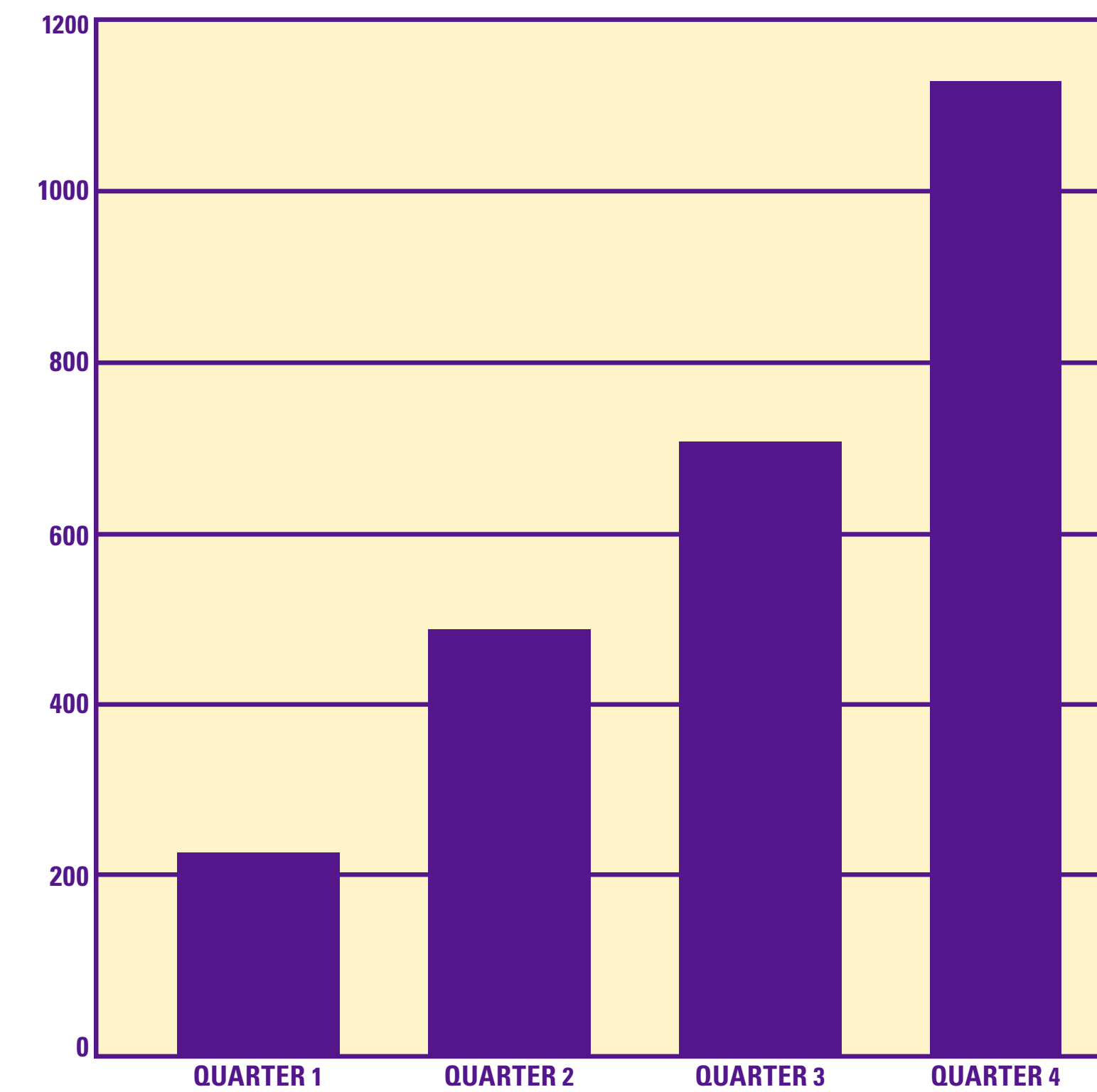
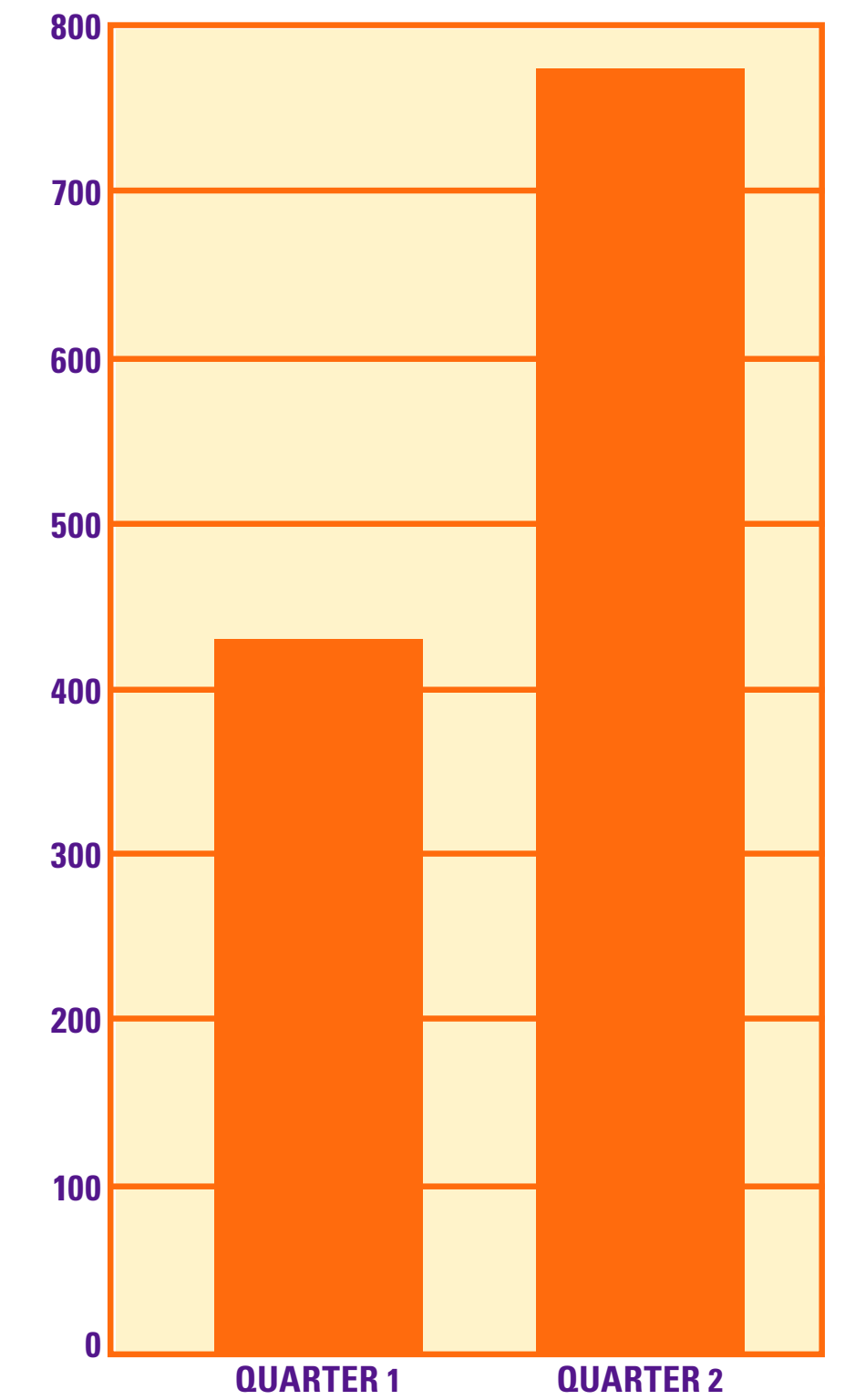


CHART VISITS



Supportive Oncology Program
at the Perlmutter Cancer Center

Quality of life as you define it

Supporting patients and families through all phases of cancer care

Cancer can have significant short-term and long-term effects for you and your family. With the early introduction of a supportive oncology team approach to patients with cancer, we aim to enhance your sense of well-being, improve quality of life, and address physical and emotional distress issues related to the primary diagnosis, side-effects of therapies or unrelated clinical conditions.

This program is targeted towards patients who have been recently diagnosed or have been living with cancer for some time. In terms of focus, it encompasses a broad range of supportive oncology services including palliative care. Tanveer Mir, MD leads the program which offers access to a multidisciplinary team of experts.

A collaborative care team integrated with the care you are already receiving

In conjunction with the primary team of cancer center doctors and nurses, we will schedule an initial assessment followed by one or more appointments where patients will meet as needed with a variety of professionals including:

- doctors
- integrative health practitioners including massage therapists and acupuncturists
- nurses
- nurse practitioners
- nutritionists
- palliative care physicians
- physical rehabilitation specialists
- physiatrists
- psychiatrists
- psychologists
- social workers
- and others

As part of a simultaneous care model, supportive oncology teams are very well trained to address physical and emotional problems in patients and their families.

Quality of life as you define it

Understanding that everyone experiences cancer and cancer treatment differently, we will tailor an approach based on your individual needs and tailored to what’s important to you. Supportive oncology teams work together with your clinical team and therefore can help both patient and family go through treatments feeling better. These interventions are provided by a skilled, multidisciplinary team; the supportive oncology team works jointly in formulating a plan to maximize the quality of life of patients at the Perlmutter Cancer Center.

These services are designed to help you:

- increase your level of activity
- achieve a sense of well-being
- find spiritual and religious support
- improve family communication
- plan future care needs

Services available at any stage of disease

Regardless of disease stage, we help patients identify the appropriate services including:

- pain/symptom assessment and management
- nutrition services
- emotional counseling
- education
- advance directives
- goals of care
- integrative, wellness and mind/body services

Appointments available

This program is open to patients at the Perlmutter Cancer Center who are currently diagnosed with cancer.

For more information or to schedule an appointment, contact **212.731.5857**