



# HOSPITAL BASED MASSAGE THERAPY PROGRAM

**Certified Oncology Massage Therapists** make a significant contribution to the quality of life of cancer survivors!

Research shows that 4 in 10 people with develop cancer.

**The good news:** the survival rate is increasing due to aggressive treatment and research. People are living longer as cancer survivors. This is very positive news. While dealing with cancer these individuals may be in the process of recovering from surgery; receiving chemotherapy and/or radiation; or they may suffer from some of the secondary ailments resulting from treatment:

- Lymphedema – 10 Million people have Lymphedema; there is no cure
- Neuropathy – there is no cure
- Immunocompromised body – from disease; chemotherapy; radiation, etc.
- Low platelets - leukemia
- Deep vein thrombosis (DVT)- blood clots
- Scar tissue immobilization and limited range of motion – breast cancer surgery

This growing population requires the most knowledgeable and up to date skill sets and techniques that **Certified Oncology Massage Therapists** can provide. *Massage treatment assessment* must be made based on a thorough knowledge of the patient's/client's particular cancer and the effects of the medical treatment on each individual body.

**Clinical Critical Thinking** is a vital tool for **Certified Oncology Massage Therapists** to address the ever changing physical and psychological issues of their patient/client.

### What Certified Oncology Massage Therapists NEED to know:

- The contraindications associated with cancer survivors
- Lymph node removal. When? Where? Experiencing any swelling in arms, legs or neck?
- Numbness or tingling in their hands and feet
- How long and what depth should you work if they received chemo yesterday?
- Special techniques if the patient/client is at the end of their journey and in hospice?

**Hospital Based Oncology Massage Training** is a necessary and important modality needed to enhance and protect the health and wellbeing of each person who is on the healing journey of cancer.

**Certified Oncology Massage Therapists** are able to offer their services to this increasing population. They are prepared to work in a hospital/clinical/medical environment, and more importantly they are able to expand their practices into the Palliative Care direction of the Health Care Industry as mandated by the Affordable Care Act effective 2015.

### Hospital Based Massage Therapy Program Results:

Since September, 2012 six (6) sessions conducted at two major medical facilities  
**35 Certified Oncology Massage Therapists**

Medical Science treats an individual's health condition.

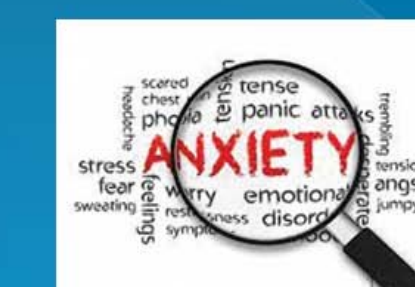


Certified Oncology Massage Therapists, part of the Palliative Care Team, treat the disruption that occurs in that individuals life.



RESEARCH SHOWS THE BENEFITS OF MASSAGE THERAPY

REDUCES ANXIETY



EASES PAIN



HELPS CONTROL NAUSEA



IMPROVES SLEEP

EASES FATIGUE

