Innovations in Palliative Care

Gobi Paramanandam, MD; Director, Arizona Palliative Home Care • Rachel Behrendt, DNP, RN; Senior Vice President, Hospice of the Valley

Hospice of the Valley was selected by the American Hospital Association as a Circle of Life[®] award winner for innovation in palliative and end-of-life care. Our agency offers Palliative Home Care, Palliative Care for Dementia and Transitional Care. Our Palliative Home Care (PHC) program features interdisciplinary teams making home visits to patients nearing end of life who are not yet ready for hospice—either because their disease hasn't progressed to the point of hospice eligibility or because they wish to continue curative treatment. PHC has created unique financial relationships with various insurers and hospital systems to help fund this care.

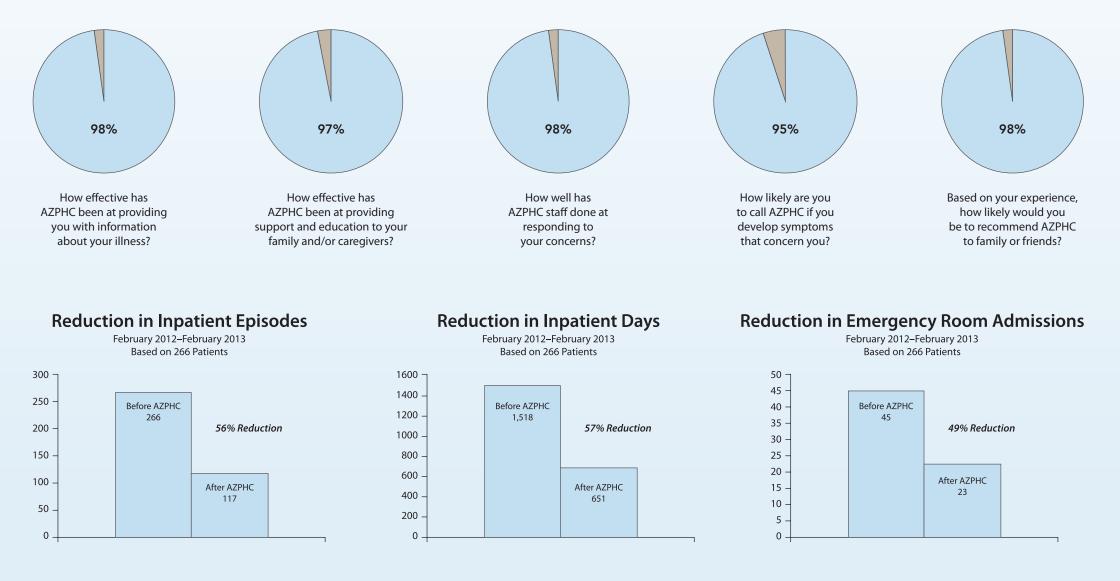
Palliative Care for Dementia addresses the needs of dementia patients and their caregivers, providing education and support. The in-home program and an inpatient home dedicated to dementia care provide caregivers with much-needed respite and enrich patients' lives. In

development is a first-of-its-kind campus devoted to dementia care with an education center, 10-bed hospice dementia inpatient unit, 12-bed assisted living residence, and 22-person adult day care integrated with a child care center.

Another program called Transitional Care was developed in consultation with hospital systems to help prevent 30-day readmissions. An RN visits the patient immediately after discharge to provide education and medication reconciliation, followed by a nurse practitioner visit and 24/7 telephonic support.

Hospice of the Valley is committed to innovation in palliative care with the goal of partnering with hospitals, health systems, the community and payers. These three programs continue to build on the agency's 40-year legacy of caring and trust.

Arizona Palliative Home Care Patient Satisfaction Results 2015–2017

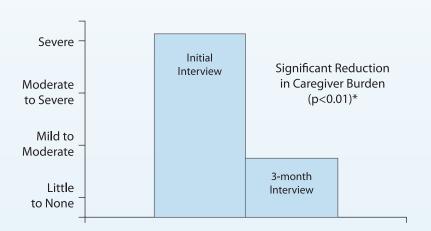


Interviews showed significant reduction in caregiver stress

Palliative Care for Dementia Caregiver Burden Reduction 2014–2016

Outcome measure: Palliative care for dementia services will reduce burden on caregivers

- Measured by Zarit Burden Interview
- 22-item survey tool addressing personal strain and role of caregivers
- Interview tool is scored from o "Never" to 4 "Nearly Always"
- Two interviews = baseline on admission and second at 3 mos.
- 95 caregivers participated



Caregiver Burden

*actual data pending publication



1510 E. Flower St. Phoenix, AZ 85014 (602) 530-6900 **hov.org**

