Palliative Medicine Curriculum Development for Family Medicine Residents

3yr longitudinal alliative medicin

curriculum

ntegrated into FM esidency didactics

Two four week

outpatient setting

Rotations include

APC modules an

ABFM KSA to reinforce core

concepts



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Project Background

- Primary care is becoming a key entry point for palliative medicine, and primary care providers remain an essential part of the palliative care team.
- Palliative care methods are increasingly recommended for integration into primary care settings. (Munday et al. 2024)
- Educating family medicine residents in palliative care supports both fellowship opportunities and integration into primary care.

Plan Integrate resident feedback regarding didactics sessions for next three-year cycle Integrate feedback from elective rotations. Study Collect qualitative and survey-based resident feedback regarding didactic sessions (longitudinal) and elective rotations. Do Implement Longitudinal curriculum in didactics settings. Implement Longitudinal curriculum in didactics settings. Create and offer elective palliative curricula to residents throughout academin vear

	V			
Hospice and Palliative Medicine Topic	% Residents Interested in Curricular Inclusion (N = 15)			
Nausea	57%			
MPOA, Surrogate Decision Makers	14%			
Chemotherapy Side Effects	43%			
Difficult Conversation/Family Meetings	71%			
Signs and Symptoms at EOL	75%			
Dyspnea and Air Hunger	38%			
Constipation/Diarrhea	25%			
Code Status Discussions/ACP	50%			
Pain Management	63%			
Fatigue/Poor appetite	62%			

Table 1: Needs assessment with resident interests in palliative medicine.

Figure 1: PDSA Cycle as

model for curricular

Aim: To integrate palliative medicine training into a family medicine residency program through both a longitudinal curriculum and a structured elective rotation based on the idea that palliative medicine is integrated into primary care.

Goal: To bring more palliative care training and context into the primary care setting for our residents. This also incorporates ACGME guidelines for FM residencies for whole person and complex care education.

Results

Monday	Tuesday	Wednesday	Thursday	Friday					
Inpatient Palliative Consults at Dell Seton Medical Center	FM Clinic AM — FM Didactics PM	Inpatient Palliative Consults Self-Study CAPC Modules	Palliative Clinic at UT Health — FM Clinic PM	Meeting with Pediatric Palliative Team — FM Clinic PM					
Inpatient Palliative Consults at Dell Seton Medical Center	FM Clinic AM — FM Didactics PM	Inpatient Palliative Consults Self-Study CAPC Modules	Palliative Clinic at UT Health — FM Clinic PM	Meeting with Hospice Director — FM Clinic PM					
Inpatient Hospice at Christopher House	FM Clinic AM — FM Didactics PM	Inpatient Hospice at Christopher House	Palliative Clinic at UT Health — FM Clinic PM	Meet with Palliative Care Director — FM Clinic PM					
Inpatient Hospice at Christopher House	FM Clinic AM — FM Didactics PM	Inpatient Hospice at HACH ABFM Palliative KSA	Palliative Clinic at UT Health — FM Clinic PM	FM Clinic AM Reflection with Faculty Coordinator					

Inpatient Palliative Elective Curriculum

CAPC Modules				(Central Health) 1-5pm					
Inpatient Palliative Consults Self-Study CAPC Modules	Palliative Clinic at UT Health — FM Clinic PM	Meeting with Hospice Director — FM Clinic PM		FM Clinic AM — Palliative Clinic (Central Health) 1-5pm	FM Clinic AM — Didactics PM	Palliative Clinic (CH) 8am-5pm	Palliative Clinic (CH) AM — FM Clinic PM	Tour of HACH — FM Clinic PM	
Inpatient Hospice at Christopher House	Palliative Clinic at UT Health — FM Clinic PM	Meet with Palliative Care Director — FM Clinic PM		APC Home Visits 8am-5pm	FM Clinic AM — Didactics PM	APC Home Visits 8am-5pm	FM Clinic AM — FM Clinic PM	Meet with APC Director — FM Clinic PM	
Inpatient Hospice at HACH ABFM Palliative KSA	Palliative Clinic at UT Health — FM Clinic PM	FM Clinic AM Reflection with Faculty Coordinator		HA Home Visits (with Dr. Wu) 8am-5pm	FM Clinic AM — Didactics PM	HA Home Visits (with Dr. Wu) ABFM Palliative KSA	FM Clinic AM — FM Clinic PM	HA Home Visits AM — Reflection with Dr. Nordhauser	
Three Year Palliative Medicine Longitudinal Curriculum									
Block 1 Block 2 Block 3 Block 4 Pallistive Block 6 Block 7 Block 8 Block 9 Block 10 Block 11 Block 12 Block 13									

Introduction

Nordhauser

Palliative Clinic

with Dr.

Outpatient Palliative Elective Curriculum

Wednesday

Palliative Clinic

8am-5pm

Thursday

Palliative Clinic

FM Clinic PM

CH) AM

FM Clinic AM

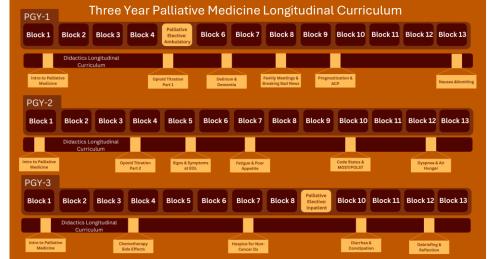
CAPC Modules

Self-study

Tuesday

FM Clinic AM

Didactics PM



Discussion and Insights

- The longitudinal palliative curriculum completed its first 3-year cycle at UT Dell Medical School Blackstock Family Medicine Residency Program (2024–2025).
- Resident feedback was positive, with suggestions for topic areas to improve the curriculum.
- The curriculum (longitudinal and elective) serves as a replicable model for academic programs training primary care residents in palliative medicine.
- Promotes awareness of palliative medicine as a fellowship opportunity.
- Project demonstrated curriculum design and adaptation based on resident feedback and expectations.
- Model designed to be replicated in other family medicine residency programs aiming to enhance palliative care education within primary care settings.

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References

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