Connecting with Patients, Families, and Colleagues- The Role of Spiritual Care

Sherika Newman, DO Associate Medical Director, Vitas Atlanta

Grover Willie Lee Alford, Jr. MSSW, MDiv Palliative Care Social Worker, Emory Saint Joseph

August 12, 2020



Objectives



Define "connection"

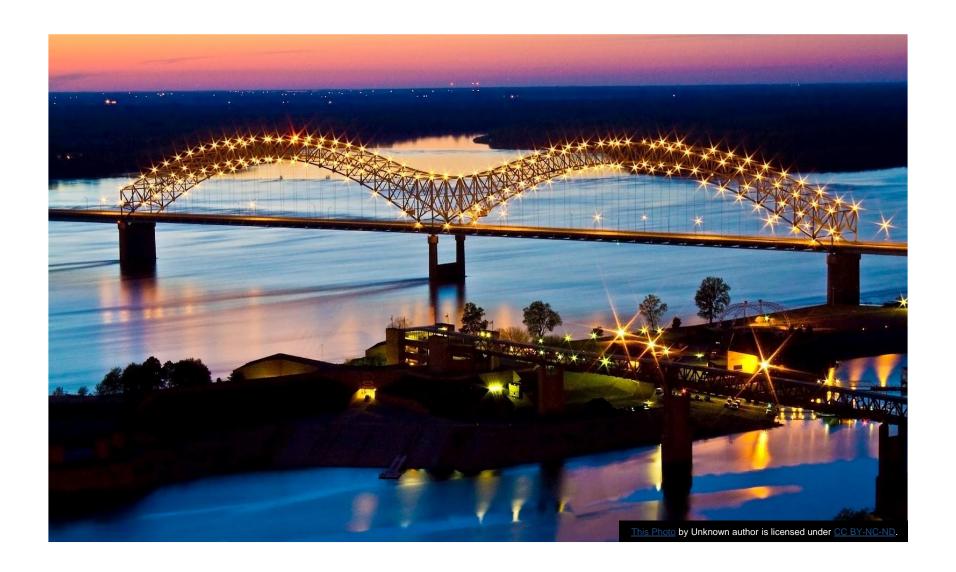


Identify the Five Levels of Conversation



Understand how to create "Dynamic Experiences."









Connection: What Is It?

Connection is the process of showing people that you love them by being willing to get to know them and by allowing them to get to know you.





Connection: The Means (or Tools)

Connections are bonds that are most often formed via the use of:

- 1. presence
- 2. conversation
- 3. creativity





Creativity Example: Godly Play

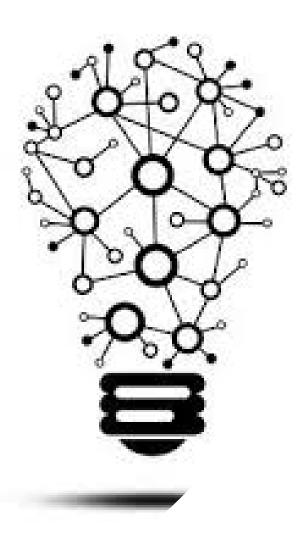






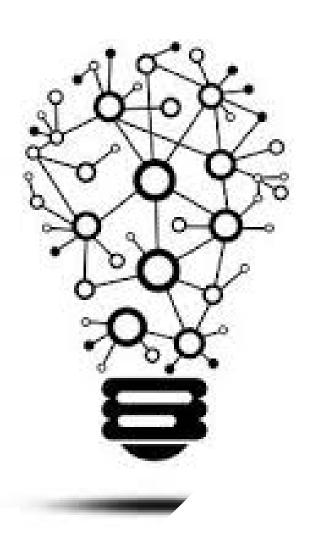
Connection

Facilitating connections takes the proper balance of preparation and flexibility



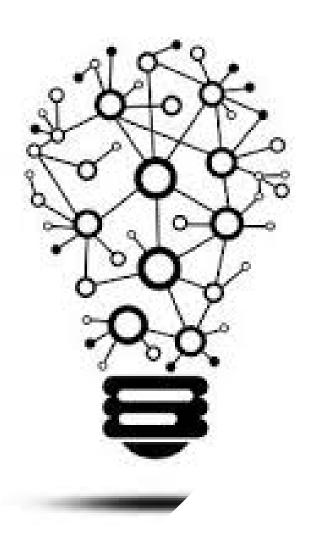
- 1. Know your goal
- 2. Know your role
- 3. Know your souls
- 4. Know the 5 Levels of Conversation



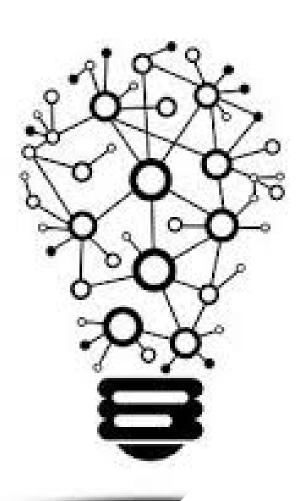


My goal-

Create Dynamic Experiences

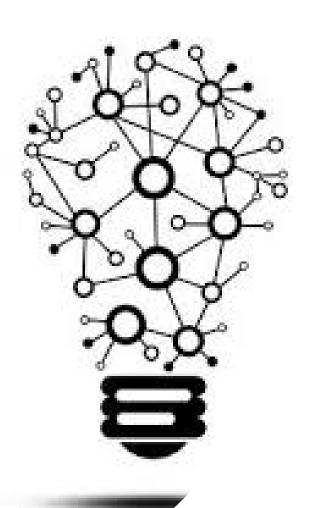


Dynamic Experiences are interactions between spiritual and/or psychosocial palliative care providers and the people to whom they provide care - that rise to the level of sacred moments.



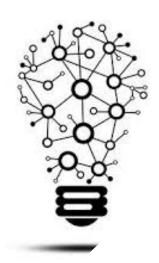
Dynamic Experiences (cont.)

Sacredness is often reflected in laughter, tears, warm smiles, shared activities (e.g. singing, storytelling, writing, drawing, etc.), ritua I praxis, insightful proclamations, and much more. The point is, creating a dynamic experience is about opening space for a moment to occur by which those present are, in some way, deeply touched.



My role(s):

- → Information gathering
- → Assessment
- → Recommendations



Role

- 1. Information Gathering
- 2. Psychosocial/Spiritual Assessment
- 3. Engagement Recommendations

Deliverables

- 1. Observations/Reports
- 2. What the observations suggest to us
- 3. Ways to intervene, knowing what we know now

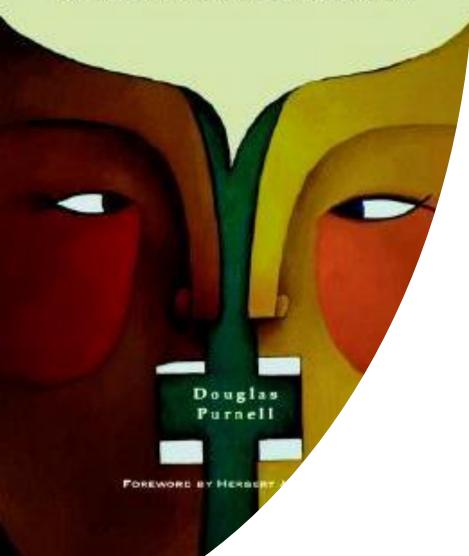
The souls:

- Patients
- Families
- Staff



CONVERSATION as Ministry





Five Levels of Conversation

- 1. Chit Chat
- 2. Sharing of ideas
- 3. Expression of feelings/emotions
- 4. Exposing crisis concerns
- 5. Sacred Moment



conversation as Ministry

STORIES AND STRATEGIES FOR CONFIDENT CAREGIVING

Douglas Purnell

Five Levels of Conversation

Connection can happen at any level. **Chit Chat** is critical, though, because it sets the tone for the progression of the conversation.







Five Levels of Conversation: Chit Chat

- Family
- Interests
- Stories



Connection: Flexibility

The best laid plans of mice and men often go awry.

Be flexible



Connection: Flexibility

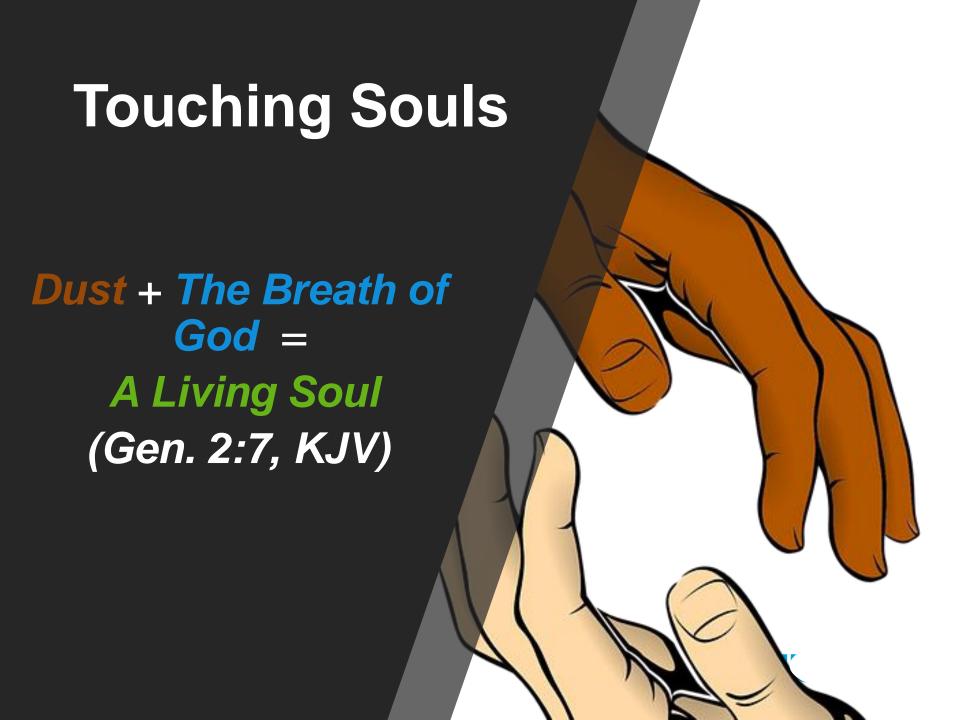
Insights

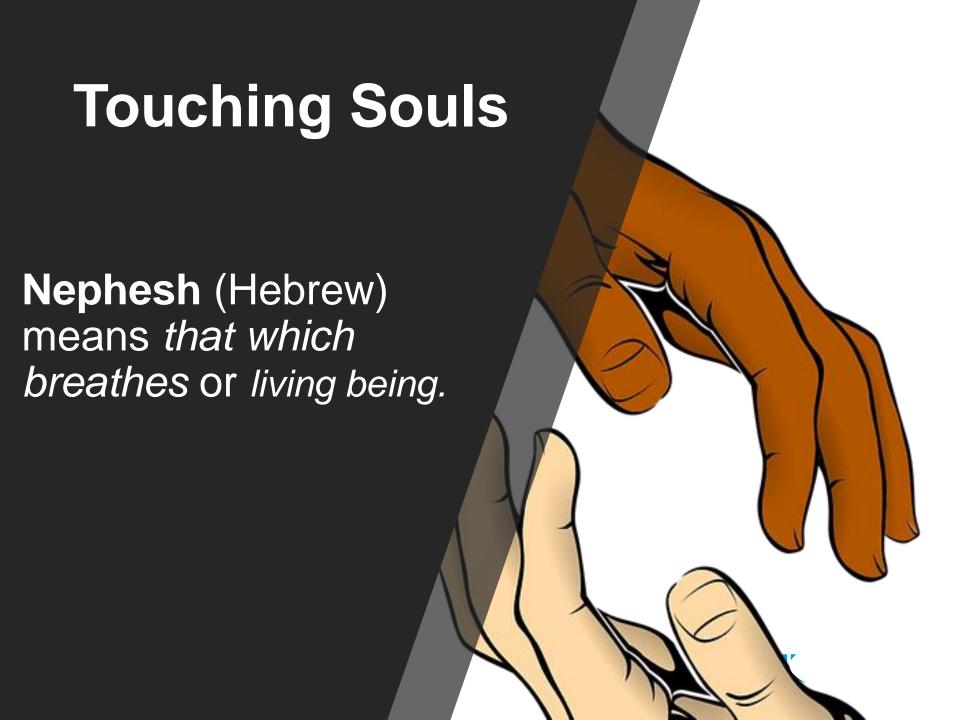
- 1. People often restate unaddressed issues.
- 2. People's journeys are often circuitous.
- 3. People, in some way, communicate what is or is not helpful.



Response

- 1. Listen for repeated themes.
- 2. Go with the flow (at least for a while).
- 3. Catch the clues/hints.







"...and all who **win** (laqach) **souls** (nephesh) are wise..."

(Proverbs 11:30, TLB)

Laqach = to take in the hand; to take and carry along

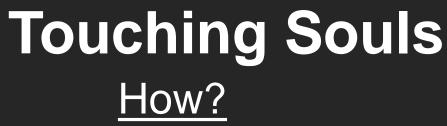




God has always used peculiar (special) people to touch the lives of those who are deemed "other," just as Jesus did.

(1 Peter 2:9-10)





- 1. Be earnestly curious.
- 2. If asked to, earnestly share.
- 3. Open space to "touch" and be "touched."



Questions?

